

### **School Nurse Contact Info**

Amber Gaston, RN

**Phone:** 620-642-2215 ext 352

**Fax:** 620-642-6551

**Email:** agaston@usd283.org

### **GENERAL HEALTH INFORMATION**

The following information is provided to help parents regarding certain conditions that require exclusion from school. **Students will be excluded from school for:**

- **Fever of 100.4 degrees or higher\***
  - **Excluded for 24 hours with Dr. note for a diagnosis that is not related to Flu or COVID or have negative covid and flu test done at school**
  - **Excluded for 72 hours without Dr. note for diagnosis verification**
- Vomiting\*
- Diarrhea\*
- Flu
  - Following a positive test, persons are required to remain in home isolation for 5 days following onset of illness or until fever free for 24 hours without the aid of fever reducing medications, whichever is longer, except when seeking medical care.
- Strep Throat
  - Following a positive throat culture the child must be on antibiotics and without fever for 24 hours before returning to school
- Untreated Ringworm
- Undiagnosed Rashes
- Red Inflamed Eyes / Pink Eye
  - Excluded until diagnosed to rule out Pink Eye and/or treated for 24 hours with antibiotic eye drops
- Impetigo
- Head Lice
  - Excluded for 24 hours to allow proper treatment and live lice are no longer present
- Scabies
- Fainting Spells
- Chicken Pox
  - Excluded until all blisters have dried into scabs; usually by day six after the rash began

- Common Childhood Diseases
  - As regulated by the State

**\* Students sent home ill with vomiting or diarrhea are asked to be kept at home until they are symptom-free for twenty-four (24) hours without the use of medications.** Many students are sent home ill one day, return the next, and need to be sent home again because they have not recovered. We appreciate parents sharing the diagnosis and treatment of students sent to physicians so we can be alert to possible problems in other children (fever, flu, COVID-19, pink eye, strep throat, worms, etc.).

## **MEDICINE POLICY**

In an effort to ensure good health and safety for the students of our school, we have established the following guidelines:

\*The health office has stock acetaminophen, ibuprofen, and cough drops available. A signed consent indicating which medications a student is allowed to have must be on file for any of these to be administered.

\*All other medication given at school must be provided by the parent/guardian and accompanied by a signed medication administration permission form from the parent/guardian.

\*All medication must be delivered to the school nurse in a properly labeled container from the pharmacy by parent/guardian. Students are not allowed to bring medication to school on behalf of their parent/guardian.

\*Medication for students under the age of 12 MUST be children's strength unless the student has a current doctor's order for adult strength.

\* Nurses must follow medication label instructions unless a written notice is received from a physician indicating a dosage change.

\* All doctor's orders need to be updated on a yearly basis.

## **MEDICATION**

All medication should be given to the health office to administer. Any kind of over-the-counter medication (with the exception of acetaminophen, ibuprofen, and cough drops) for your student should be brought to the health office in its original container with a signed parental release form giving Elk Valley staff permission to administer it. If a medication is prescribed by a physician,

the form must be taken to the doctor to have signed and then returned to the office with the medication.